

## March is our Mobility Month!

With all of the snow melting and things warming up, we're ready to get our move on this March! We want to help you do the same!

### Huge 20% off Walker Sale!

Don't miss out on our walker sale! From March 15 2022 to April 15, 2022 we are offering 20% off ALL of our walkers. Get mobile and ready for warmer weather! Come visit us in store to find the right fit for you.

#### THE TRILLIUM SERIES IS THE MOST COMFORTABLE WALKER ON THE MARKET TODAY.

With the new padded seat cushion and wide back strap pad, users can sit in comfort and walk in style. The Trillium comes with an all-new braking system, allowing for effortless handle height adjustment and easy maintenance.

- Colours: **Blue, Pink and Black**



#### SPECIFICATIONS

##### MINI

14 lbs\*  
18" Seat Width  
18" Seat Height  
26" Width x 25.5" Length  
29" - 32" Handle Height  
300 lbs Weight Capacity

##### REGULAR

14 lbs\*  
18" Seat Width  
21" Seat Height  
26" Width x 25.5" Length  
31.5" - 34.5" Handle Height  
(optional tall handles  
34.5" - 37.5" in Carbon Black)  
300 lbs Weight Capacity

##### TALL

14 lbs\*  
18" Seat Width  
24" Seat Height  
26" Width x 25.5" Length  
34.5" - 37.5" Handle Height  
(optional tall handles  
37.5" - 40" in Carbon Black)  
350 lbs Weight Capacity

#### OPTIONAL ACCESSORIES

- Cup Holder
- Cane Holder
- Phone Holder
- Slow Down Brakes
- Eyeglass Holder
- Tray
- Curb Climber

## (2021): Your Complete Guide - Seniors Mobility - Maurice

They say variety is the spice of life, and it's certainly a great spice when it comes to exercises for older adults.

Any kind of exercise seniors can do is good, and up to a point more is better. However, if you really want to make the most of your workouts and stay mentally engaged, why not go for a variety of routines.

[Read More...](#)



## Orthoses from **medi**

Orthoses/braces support the function of joints such as the shoulder, knee or ankle. They are used to relieve stress on the joint and to stabilize or immobilize it for irritative conditions, injuries (for example, ligament rupture) or after surgery.

**medi** offers a large number of different braces.

The doctor prescribes the brace if required; the trained staff at the surgical appliance retailer give advice and adjust the brace as necessary. In addition to this, the user is given valuable tips on how to apply, clean and wear the brace properly.

**Need more information? [Email us at wecare@coopermedicalsupplies.ca](mailto:wecare@coopermedicalsupplies.ca)**



**Knee support with  
patella silicone ring**



**Ankle support with  
stabilization strap  
system**



**Elbow soft support  
with silicone support  
pads and tension strap**



**Soft wrist support with stabilizing splint**



**Back supports and braces**

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## Managing Mobility Issues in Canada's Seniors

Problems associated with aging can affect a person's ability to move around, or mobility. Mobility problems may include unsteadiness while walking, difficulty getting in and out of a chair, or falls. Muscle weakness, joint problems, pain, disease, and neurological difficulties can all contribute to mobility problems. Sometimes several mild problems combine and occur simultaneously, affecting mobility.

It can also make the difference between living at home or in a facility.

[Read More...](#)



**Airgo Comfort-Plus Adjustable Canes** - Various tips and colours



**Cane Tips** - Black and various sizes.

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**Lower leg orthosis:**  
**Comfortable walker for ankle and foot injuries – in a lightweight shell construction.**

**How does it work?**

Action is safe and effective immobilization with a four strap system ensuring high stability and reducing shifting.

Available as optional extra: heel wedge sets for Achilles' tendon rupture



## World Lymphedema Day



World  
Lymphedema  
Day®  
March 6

March 6th is World Lymphedema Day! Show your support by watching and sharing the LE&RN annual Lymphedema Day video message:



Lymphatic Education  
& Research Network

Watch Here

**FOLLOW US**



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