

# It's Christmas Time

at Cooper Medical Supplies



## The Positive Power Of Ritual

The popular adage that the best part of going out is getting ready – that the journey is more important than the destination – recognizes that rituals are important in their own right. Routines and rituals offer structure and predictability in our lives and perform important psychological functions to manage anxiety. With rates of anxiety soaring in lockdown, anything we can do to manage our mental health is to be welcomed... [READ MORE...](#)



## Guess What...!

We have some very exciting news coming in December...

### OUR NEW ..

**'GIFTS OF HEALTH'** have arrived!

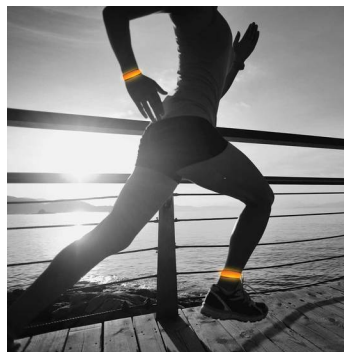
We have some awesome gifts for yourself and/or friends and family...

What is great about these gifts...they are unique & health conscious and fun!

Come check out great gifts and stocking stuffers...our store is decorated with many great gift ideas!

## Safety Slap Reflective Bracelet

The LED Slap Wrap Bracelet with continuous or flashing mode is a lightweight reflective band that slaps and snaps easily on to a wrist, arm, ankle, bicycle, backpack or bag. Makes you easy to be seen while running, jogging, biking or walking in the dark.



## Harmony ICE Massage Roller

Our Harmony ICE Handheld Massage Rollers features an easy grip and multi-directional rolling head. High quality, food grade stainless steel (304). Insulating gel maintains a cold, comfortable temperature. Perfect for on-the-go muscle maintenance and relaxation.



## Magic Wand Cordless Massager

The Magic Wand Electric Massager is Cordless, Rechargeable, Ergonomic and lightweight. 5 massage modes. Variable speed setting. 3 Interchangeable massage heads.



## Professional Touch Handheld Electric Massager

The Professional Touch Handheld Massage Wand features soothing heat option, variable speed settings and ergonomic easy-grip handle. Great for legs, back, shoulders.

## Why Not...? Some fun stocking stuffers!



**Squeeze Me Piggy**  
The Squeeze Me



**Shower Bombs 6 Piece Gift Set**



**Moji Novelty Knockout Pens**

Rubber Piggy is funny to look at and oinks when squeezed. It's the perfect gift for anyone who loves novelty toys.

### **(6x30g)**

Our Shower Bombs Gift Set are steam activated and infuse the air with the calming and relaxing aromas of pure essential oils.

The Moji Novelty Knockout Pens light up while you write and have levers at the back to launch playful punches. Use these cool pens at school, home or your office.

## **Douglas Fir Walking Stick**

The Douglas Fir Walking Stick with iron grip tips is hand-crafted and provides extra power and balance, reduces shock on the knees and takes the pressure off the back and hips.



\*We have much more in stock for your loved ones holiday gifts and stocking stuffers...give the gift of health!

## **Some Holiday Funnies...**

Funny Christmas jokes are the perfect way to get into the holiday spirit, whether you're sharing cute Christmas jokes for kids at your family's Christmas Eve dinner or texting Santa jokes to all your friends...



What do reindeers say before they tell you a joke? This one's gonna sleigh you!

**What do you call an elf that can sing and dance? Elfis.**

What happened to the thief who stole a Christmas calendar? He got 12 months.

**What does Mrs. Claus say to Santa when there are clouds in the sky? It looks like rain, dear.**

How do chickens dance at a Christmas party? Chick to chick.

**What does the Grinch do with a baseball bat? Hits a gnome and runs.**

How much did Santa pay for his sleigh? Nothing. It was on the house!

**I asked my wife what she wanted for Christmas. She told me, "Nothing would make her happier than a diamond necklace." So I bought her nothing.**

**Read more Christmas funnies...** (Jokes from [parade.com](http://parade.com))

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